

**Welcome to the June 2024  
Vision Support newsletter,  
covering:**

**Halton 0151 5118801**

**Chester 01244 478910**

**North East Wales 01244 381515**



A big hello from all of us at Vision Support! We have some great new groups to share with you in this edition and as always, lots of visits are planned with our Community Information Service and we have our last two VisionZone events coming up.

### **Mold, Flintshire**

We are pleased to announce we have a brand new group coming to Mold in Flintshire! Join us for a coffee and a chat at Caffi Isa! This new group will be on the 3rd Monday of every month from 12.30pm to 2pm at Caffi Isa in Mynydd Isa Library Community Centre, Mercia Drive, Mynydd Isa, Mold, CH7 6UH.

The next meetings are on the following dates: 17th June, 15th July, and 16th September. If you would like to attend or find out more, please call 01244 381515 or email [information@visionsupport.org.uk](mailto:information@visionsupport.org.uk)

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### **VisionZone**

Come along to the VisionZone events to learn about services, support, and assistive technology for people with a vision impairment. All events run from 10am until 2 pm. No appointment needed.

12th June - Halton Sensory Services Centre, 126 Widnes Road, Widnes, WA8 6AX.

13th June - Northwich Infirmary, Ophthalmology Department, Winnington Hill, Northwich, CH8 1AW.

# VisionZone 2024

## Solutions for Low Vision



Would you like to find out more about assistive technology, Support, Services, Groups, and much more?

Our Vision Zone events bring together a variety of excellent services and charities covering your local area.

No matter what your sight loss condition we are here for you. Whether it's just to gain knowledge or hands-on experience with new technologies, entry is free, and our friendly staff will greet you with a warm welcome.

**Wednesday 12<sup>th</sup> June 2024**

**10am to 2pm**

**Vision Support, 126 Widnes Road, Widnes, WA8 6AX**



**0800 1456115**

**[www.lowvisionshop.co.uk](http://www.lowvisionshop.co.uk)**

# VisionZone 2024

## Solutions for Low Vision



Would you like to find out more about assistive technology, Support, Services, Groups, and much more?

Our Clinic brings you, services and products which can help in all areas of Sight Loss and Blindness.

No matter what your condition we are here for you. Whether it's just to gain knowledge or hands-on experience with new technologies, entry is free, and our friendly staff will greet you with a warm welcome.

**Thursday 13<sup>th</sup> June 2024**

**10am to 2pm**

**Northwich Infirmary, Ophthalmology Department, Winnington Hill,  
Northwich, CW8 1AW**



**Your Vision, Our Support**

**0800 1456115**

**[www.lowvisionshop.co.uk](http://www.lowvisionshop.co.uk)**

## Coming Soon

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### Tea and Tech Drop-in

In June we are going to launch our all new Tea and Tech Drop-in at The Storyhouse, Chester.

During these sessions our friendly Digital Skills Officers, Kate and Keith, will be on hand to answer any queries or have a general chat about something techy that you are interested in.

To be the first to know about when our first Tea and Tech will be, please email [digitalskillsreferrals@visionsupport.org.uk](mailto:digitalskillsreferrals@visionsupport.org.uk).

### Vision Sport Project

We have been successful in our application for a small grant from the Millenium Stadium Charitable Trust to be able to deliver cycling and climbing taster sessions in North Wales, with the first sessions planned for the coming months.

In order to make this project a success, we need you! This is for anyone who is interested in having a go just for fun. We would love to demonstrate how much sporting opportunities like this are needed in North Wales for people with a vision impairment so we can apply for bigger funds in the future. There will be transport available for many of our sessions from certain central pick-up points.

Please call 01244 381515 or email [information@visionsupport.org.uk](mailto:information@visionsupport.org.uk) to register your interest.

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## Community Information Service

On the next page are the visits we have planned for June with the Community Information Service.

Please note we have two vehicles and the schedule can be subject to change. For more information please call us on **01244 381515** or email **[information@visionsupport.org.uk](mailto:information@visionsupport.org.uk)** it can also be found on our website, **[www.visionsupport.org.uk](http://www.visionsupport.org.uk)**

## **Community Information Service Schedule**

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Monday 3rd **Abergele Eye Clinic (by waiting room)** 10.00am – 2.30pm

Tuesday 4th **Brook St, Neston (near Sainsbury's)** 10.00am - 3.00pm

Wednesday 5th **Tweedmill, St Asaph** 10.00am – 2.30pm

Wednesday 5th **Widnes Market Community Stall** 10.00am - 3.00pm

Thursday 6th **Iard Yr Orsaf car park, Porthmadog** 10.30am – 2.30pm

Thursday 6th **Northwich Town Centre (near Boots)** 10.00am - 3.00pm

Friday 7th **Prestatyn Library, Talking Point** 10.00am – 2.30pm

Monday 10th **Rhyl, Morrisons car park** 10.00am – 2.30pm

Tuesday 11th **Bellis Farm Shop, Holt car park** 10.30am – 2.30pm

Tuesday 11th **Frodsham Library** 10.00am - 3.00pm

Thursday 13th **Northwich Victoria Infirmary,**

**Optelec equipment Spotlight Session** 10.00am - 3.00pm

Monday 17th **Llandudno Prom by Cenotaph** 10.00am – 2.30pm

Wednesday 19th **Eye 2 Eye club, Garden City** 10.30am – 2.30pm

Wednesday 19th **Gordale Garden Centre** 10.00am - 3.00pm

Thursday 20th **Colwyn Bay Library** 10.00am – 2.30pm

Thursday 20th **Widnes Market Community Stall** 10.00am - 3.00pm

Friday 21st **Prestatyn, Lower High St car park** 10.00am – 2.30pm

Monday 24th **Ysbyty Gwynedd Bangor** 10.30am – 2.30pm

Tuesday 25th **Rhyl Library** 10.00am – 2.30pm

Tuesday 25th **Kingswood Kingsway** 10.00am - 12.00pm

Tuesday 25th **Blacon Library** 1.00pm - 3.00pm

Wednesday 26th **Asda, Queensferry** 10.30am – 2.30pm

Wednesday 26th **Direct Link Runcorn** 10.00am - 2.00pm

Thursday 27th **Cemaes, Cae Pwmp car park** 10.30am – 2.30pm

Thursday 27th **Northwich Victoria Infirmary** 10.00am - 3.00pm

Sunday 30th **Maelor Hospital, Wrexham** 10.30am – 2.30pm

## **More New Groups**

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### **Goalball, Wrexham**

Goalball is coming to North Wales! Come along to any of their free taster sessions in Wrexham to have some fun and learn all about this exciting Paralympic sport!

Sighted family and friends are also welcome. Dates: Saturday 15th June and Saturday 20th July Time: 12pm to 2pm Venue: Wrexham University Sports Centre, Mold Road, Wrexham, LL11 2AW.

For more information, and to register your interest, contact Kathryn Fielding on 07795 263642 or email [Kathryn.Fielding@goalballuk.com](mailto:Kathryn.Fielding@goalballuk.com)

### **Birchwood, Warrington**

Birchwood Community Hub in Warrington, Cheshire are starting VI tennis sessions on Wednesdays from 2-3pm. For more information or to book, contact Birchwood Community Hub at 01925 458130 or email [aday@livewirewarrington.org](mailto:aday@livewirewarrington.org) There are lots of inclusive tennis sessions available too as part of LiveWire's Disability and Inclusion Programme such as walking tennis for the over 50s, Wheelchair tennis and Parkinson's tennis.

### **Charlottes Tandems**

Have you heard of the charity Charlottes Tandems? They lend, throughout the UK, at no cost (i.e. for free), tandem bikes to people with disabilities or additional needs, who are unable to ride a bike safely on their own, so that they can enjoy the wonders of cycling.

If you've been wanting to get back on a bike or go out for rides with friends or family why not get in touch to find out more, they have an online form at [www.CharlottesTandems.co.uk](http://www.CharlottesTandems.co.uk) but if you would like us to fill out the form on your behalf give us a call on 01244 381515.