

**Welcome to the February 2024
Vision Support newsletter
covering:**

Halton 0151 5118801

Chester 01244 478910

North East Wales 01244 381515



Welcome to the first of our newsletters for 2024!
For you pre-planners out there, we have some great
events coming up this year!

Starting in Llandudno in March, come along to the VisionZone events
below to learn about services, support and assistive technology for
people with a Vision Impairment. All events run from 10 am till 2 pm.
No appointment needed

- 13th March - Creating Enterprise Community Hub, Llandudno train station, Augusta Street, Llandudno, LL30 2AF.
- 29th May - Vision Support. Chester Vision Centre (Bluecoat) Bluecoat Square, Upper Northgate Street, Chester, Cheshire, CH1 4EE.
- 12th June - Halton Sensory Services Centre, 126 Widnes Road, Widnes, WA8 6AX.
- 13th June - Northwich Infirmary, Ophthalmology Department, Winninton Hill, Northwich, CH8 1AW.

Vision Support is also delighted to announce that we have been successful in our bid for the Wrexham and Flintshire County Council Rehabilitation Contracts!

This will allow us to deliver our services even further across Wales!
Watch out for more news about what this means for you in those areas.

VisionZone 2024

Solutions for Low Vision



Come along and learn about services, support,
and assistive technology for your sight loss.

Meet the local society.

Gain hands on experience with our products consultant. Electronic
handheld magnifiers, reading machines, desktops, portables.

Our events aim to provide you with as much information on
numerous topics, covering all areas of sight loss. Whether you are
newly diagnosed or just seeking further information.

Entry is free and no appointment needed just drop by

Wednesday 13th March 2024

10am to 2pm

**Creating Enterprise Community Hub, Llandudno Train Station,
Augusta Street, Llandudno, LL30 2AF**



CREU
MENTER
**CREATING
ENTERPRISE**



0800 1456115

www.lowvisionshop.co.uk

Valued Volunteers - Robert

“Hi, everyone! I'm Robert, a recent immigrant from Hong Kong. Like many newcomers, adapting to a new country takes time, and one of the best ways I found to connect with my community was through volunteering. I chose to be a part of Vision Support, a decision driven by my personal connection — I have a visually impaired mother.

My goal is to bring joy and support to the lives of visually impaired individuals, and I believe that by sharing my experience, more people can be inspired to join this fulfilling journey.

Since July 2023, I've been an active volunteer at Vision Support, participating in their bowls group every Thursday from July to November.

What started as an effort to remember each visually impaired person's name turned into heartwarming connections. Witnessing their enthusiasm for bowling was beyond my expectations, and it became a source of joy and inspiration for me.

One of my fondest memories is working alongside Terry, a visually impaired individual, during Vision Support's Creative Art Session. Collaborating on Air-Dry Clay Crafts not only resulted in beautiful artwork but also created a lasting bond and a truly uplifting experience.

Pictured: Robert helping some of our service users (Terry and Peter) at the Creative Art group.

Before volunteering, I may not have fully understood every aspect of my community but...



the joy of interacting with different people has been immensely rewarding. I share my journey with the hope that more individuals will be motivated to join volunteer activities.

It's not just about giving back; it's about forming connections, making a positive impact, and finding fulfilment in the shared experience of making someone's day a little brighter. As I look forward to more opportunities with Vision Support, I encourage everyone to explore the world of volunteering—you might just find the same sense of purpose and joy that I did.”

Get Involved

We have a variety of volunteer roles so whether you want to be based at home or be part of one of our social groups, we have a volunteer role for you:

Current Available Roles:

- Telephone Befriender - Providing a weekly chat for people feeling isolated. You can volunteer from home for this role!
- Social Group Volunteer - We are looking for volunteers in all areas to help facilitate our fantastic social groups.
- Telephone Support Volunteer - You can volunteer from home, where you will be calling our service users to remind them of their upcoming groups.
- Social Media Assistant Volunteer - Another great home volunteer role where you can use your personal social media to promote Vision Support by sharing information!

All volunteers will receive our induction which aims to be fun, interesting and engaging so please don't worry if you feel that you don't have any experience. We will be as flexible as possible and will introduce you to our wonderful Vision Support community.

If you would like to find out more about any of our fantastic volunteering opportunities please email information@visionsupport.org.uk

Social Groups

As we enter into 2024 we would like to remind you of our fantastic, friendly monthly and weekly social groups that you can attend too.

For the full location details and further information about the individual groups please get in touch!

Social groups in North-East Wales

Rhyl Visionaires – Every 4th Wednesday (10:30am-12:30pm)

Prestatyn Visionaires – Every 1st Wednesday (10am-12pm)

Wrexham Visionaires – Every 1st Thursday (11am-1pm)

Conwy Social Group – Every 1st Wednesday (1-3pm)

Social groups in Halton

Halton Activities Group - Tuesdays (11:00am - 1:00pm)

Lets Learn Braille - Thursdays (10:00am - 12:00pm)

Social Groups in Cheshire

Walled City VI Social & Activities Group - Thursdays (time varies)

Audio Described Cinema Group - Monthly (date & time varies)

Chester Swimming Group - Wednesdays (9:30am - 10:30am)

Chester Gym Group - Tuesdays (12:30pm - 1.30pm)

Ellesmere Port Swimming Group - Fridays (12.45pm - 1.45pm)

Winsford Social Group - Every second Monday (1:00pm - 3:00pm)

Northwich Social Group - Every 3rd Monday (1:00pm - 3:00pm)

We also have online groups, Campaigning groups and Socialise our working age group for North Wales and Cheshire.

If you would like to find out more about our groups or live in Flintshire and would like to find out about peer support opportunities please get in touch!

Community Information Service Schedule

These are the visits we have planned for March with the Community Information Service. Please note we have two vehicles and the schedule can be subject to change. For more information please call us or email information@visionsupport.org.uk

Friday 1st **Prestatyn Library** 10.00am – 2.30pm

Monday 4th **Morrisons, Rhyl (car park)** 10.00am – 2.30pm

Tuesday 5th **Gordale Garden Centre** 10.00am - 3.00pm

Wednesday 6th **Tweedmill, St Asaph** 10.00am – 2.30pm

Wednesday 6th **Widnes Market Community Stall** 10.00am - 3.00pm

Thursday 7th **Y Maes car park, Pwllheli** 10.30am – 2.30pm

Thursday 7th **Ellesmere Port Market Car Park** 10.00am - 3.00pm

Sunday 10th **Morrisons, Holyhead (car park)** 10.30am – 2.30pm

Tuesday 12th **Brook Street Neston Nr Sainsbury** 10.00am - 3.00pm

Wednesday 13th **Kingswood Kingsway** 10.00am - 12.00pm

Wednesday 13th **Blacon Library** 1.00pm - 3.00pm

Thursday 14th **Victoria Infirmary Northwich (Spotlight Tech Advice)**
10.00am - 3.00pm

Monday 18th **Llandudno Prom by Cenotaph** 10.00am – 2.30pm

Wednesday 20th **Mold Rugby Club (car park)** 10.30am – 2.30pm

Wednesday 20th **Northwich Town Centre Nr Boots** 10.00am - 3.00pm

Thursday 21st **Morrisons, Caernarfon (car park)** 10.30am – 2.30pm

Thursday 21st **Widnes Market Community Stall** 10.00am - 3.00pm

Friday 22nd **Llandudno Hospital (outpatients)** 10.00am – 2.30pm

Monday 25th **Ysbyty Gwynedd Hospital, Bangor** 10.30am – 2.30pm

Tuesday 26th **Plas Yr Ywen, Holywell** 10.30am – 2.30pm

Tuesday 26th **Waverton Shops (near Chemists)** 10.00am - 12.00pm

Tuesday 26th **Barbour Institute Tattenhall** 12.00pm - 3.00pm

Wednesday 27th **Asda, Queensferry (Foyer)** 10.30am – 2.30pm

Wednesday 27th **Direct Link Runcorn** 10.00am - 2.00pm

Thursday 28th **Colwyn Bay Library** 10.00am – 2.30pm

Thursday 28th **Victoria Infirmary Northwich** 10.00am - 3.00pm